

FORDELL SCHOOL

Health and Sexuality Education Policy

INTRODUCTION

The Fordell School Board are required to ensure that all students have a comprehensive and developmental health education programme that is holistic and balanced.

PURPOSE

1. To ensure that effective health education is delivered at all levels according to the requirements of The New Zealand Curriculum: Health and Physical Education.
2. To assist students to develop as whole people in the spiritual, physical, mental and emotional, and social dimensions of well-being.
3. To ensure that staff teach health education are adequately and appropriately trained to teach the specific topics that they are required to cover.
4. To ensure that health education is delivered through a student-centred approach that enhances each student's learning, self-confidence, and ability to make healthy decisions.
5. To ensure that appropriate health-promotion policies and practices support the health curriculum to create a healthy, safe and caring environment.

GUIDELINES

- Every two years, as required by legislation, the School Board will undertake consultation with the Fordell School Community on a draft statement on the delivery of the health curriculum. This will outline how the school will implement the health education components of the Health and Physical Education Curriculum. As a result of this consultation, the School Board will adopt a statement on the delivery of the health curriculum.
- It is compulsory for New Zealand schools to teach sexuality education up until the end of Year 10.
- Before Sexuality Education is taught, parents/caregivers and whanau will be sent information about the programme and invited to discuss any concerns. Parents/caregivers and whanau will be reminded of their right to withdraw their children from all or part of relationships and sexuality education. To withdraw their child they need to do this in writing to the Principal.
- Teaching staff will inform parents of the **content** of Sexuality Education lessons seeking parental permission prior to the teaching of sexuality education lessons.
- Staff who are teaching Health and Sexuality Education will have access to appropriate learning materials, resources and support people/professionals. Both learning materials and personnel will be carefully selected to enhance programmes.
- The Sexuality Education Programme will be planned according to what is appropriate at each year level.
- The health and sexuality education programme will encourage students to develop the skills and attitudes of self-worth, decision making, keeping ourselves safe, bullying, and relating to and respecting the rights of others. Topics will be deemed appropriate for each year level.
- Trained professional speakers, health educators will support the class teacher in educating students on relevant topics. Teachers will be present in the classroom.

- The school will review this policy in the same year as consultation takes place and will produce other policies related to the health, safety, and well-being of staff and students as the need is identified.

CONCLUSION

Fordell School students will have a sense of personal and social responsibility, they are increasingly able to take responsibility for themselves and contribute to the well-being of those around them.

Supporting Documents:

- Education and Training Act
- New Zealand Curriculum
- Fordell School Statement on the Delivery of the Health Curriculum
- Sexuality Education: A Guide for Principals, Boards of Trustees, and Teachers
<https://www.nzshs.org/recommended-research-publications/212-sexuality-education-guide-2015/file>
- TKI: Relationships and Sexuality Education <https://health.tki.org.nz/Teaching-in-HPE/Policy-Guidelines/Relationships-and-Sexuality-Education>
- Fordell School Curriculum Delivery Policy

Last Internal Review		Term 2 2023	
Signed by Chairperson			
Approval: When the Board approved this Policy, it agreed that no variations of this Policy or amendments to it could be made, except with the majority approval of the Fordell School Board of Trustees.			
Policy Type	Curriculum and Student Achievement	Next Review:	Term 2 2025 (2 yearly due to consultation)